FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-028							
Estimated average I	nurden							

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB Number:
Estimated average be hours per response:

	Check this box if no longer subject to
	Section 16. Form 4 or Form 5
J	obligations may continue. See
	Instruction 1(b).

obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 193 or Section 30(h) of the Investment Company Act of 1940										34		L	hours pe	er response:		0.5			
1. Name and Address of Reporting Person* <u>Cardis John T</u>					2. Issuer Name and Ticker or Trading Symbol AVERY DENNISON CORPORATION [AVY]								(Ch	eck all ap	olicable)	Person(s) to Issuer 10% Owner Other (specify			
	ct) (First) (Middle) LOITTE & TOUCHE WESTPORT ROAD				3. Date of Earliest Transaction (Month/Day/Year) 10/01/2004								belo		uue	below)			
(Street) WILTON (City)			06897 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	e) <mark>X</mark> Forr Forr						
		Tab	le I - Non	-Deriva	tive Se	curities Ac	qui	red, I	Disp	osed o	of, o	r Ben	eficial	ly Own	ed				
1. Title of Security (Instr. 3) 2. Transar Date (Month/D			Execution Date,		e, 1 ar) 8	3. Transac Code (II 3)		4. Securities Acquired Disposed Of (D) (Instr. 5) Amount (A) or (D)		(A) or 3, 4 and	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		ring (I	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		. Nature f Indirect seneficial bwnership nstr. 4)			
		Т				urities Acq s, warrants								Owned	k				
1. Title of Derivative Security (Instr. 3) 1. Title of Conversion or Exercise Price of Derivative Security 1. Title of Conversion Date (Month/Day/Year) 2. Conversion Date (Month/Day/Year) 3. Transaction Date (Execution Date, if any (Month/Day/Year)		Date, Tr	ransaction of Excode (Instr. Derivative (N		Expi	. Date Exercisable and Expiration Date Month/Day/Year)			Am Sec Und Der	itle and ount of curities derlying ivative S str. 3 and		Derivative Security (Instr. 5)		umber of vative urities eficially ed owing orted saction(r. 4)	Owners Form: Direct or India (I) (Inst	D) ect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

\$65.25

Employee Stock Option

(Right to Buy)

1. Option grant under the Avery Dennison Corporation Director Equity Plan, as amended and restated. Options are exercisable in two cumulative installments of 50% each year beginning on the first anniversary date of the grant, which is the date given.

(D)

(A)

5,000

Date Exercisable

10/01/2005

Expiration Date

10/01/2014

By: Irene Marquard For: John 10/01/2004

Amount or Number

of Shares

5,000

\$0

T. Cardis

Title

Common

Stock

** Signature of Reporting Person

Date

5,000

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

10/01/2004

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

A⁽¹⁾

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.